

The TU Journal:

A monthly guide to what's new in the Spiritual Community.

March 2010

The days are longer and night are starting to warm up, this is the time to wake up from the winter slumber and start to grow with the rest of the planet. A great time for starting new projects, expanding the mind and walking the bones for get fit for the summer. Join us in some of our great classes or events, come in and ask us about herbs and what may get you energized for the season to come.

Monthly Sales

All musical instruments are 50 % off

All books are 50% off.

Selected Jewelry is 75% off.

We now have over 50 local artist showing their wares in our store, support your local artist.

We are now carrying smoking equipment for medicinal herbs and special blends by Mahka Design .

And our new local artist Torchlight Wizardly is a glass blower from Clayton; they are making glass jewelry and smoking equipment. Come by and see our Spiritual herbs and hand blown pipes

Our February Special Event was a Book Signing by Elizabeth Staley. She signed her book,

"The Hinomoto Rebellion: Book One of the Aka Ryuu Chronicles" An Anime Fiction Novel and we had a great time, if you missed her she left a few books here for you already signed. Thank you so much for making the long trip here.

Events in the Store: There are many seminars, and discussions in the future as well as new topics and monthly get-together for just fun and socialization. We know that the economy is tough on all of us, so we will strive on making many of these as free workshops or as least expensive as possible. We understand the price of gas, to come here is enough. We do ask you to tip our jar when you can for some of these events to help us pay for the seminars and the food and drink. We are so blessed that we have teachers and instructors that are willing to share their time and knowledge with us. With this hard economy; take time and come in for a class or event and have some fun. Sign up early so we may prepare for you attending. Some events give discounts by paying in advance.

Community events:

First Saturday of Every Month: Goldsboro Fellowship Pagan Group Meeting: We would like to introduce a new group that is forming in Goldsboro and the surrounding area. The name of the group is Fellowship Pagans. It is based on those that follow earth based religions but all are welcome. We are a small group right now but are hoping to grow and become a strong spiritual family within our community. We are hoping to learn from one another and to grow spiritually. If you are interested please email me at dixielicia@yahoo.com. I will be happy to answer any questions.

Shimmy for a Cause

(SFAC is a yearly fund-raising belly dancing event.)

This year SFAC will benefit "The National Multiple Sclerosis Society"

March 27, 6:00pm

As a participating belly dancer, fundraiser, sponsor or volunteer your efforts and contributions are instrumental in helping to make SFAC a successful event. This year SFAC will take place on Saturday, March 27, 6:00pm, at The Edna Boykin Cultural Center, Wilson, NC. Interested in a performance slot? Interested in donating? Interested in helping raise funds? Interested in becoming a corporate sponsor for the event? Simply email us at ShimmyforaCause@DanceStudioB.com. *We are participating!*

List of Events at Truly Unique:

March 4th Thursday: **Herbal Crafts Class:** Make your own lip Balm, learn how easy it is to make with organic and green products and take your own lip balm home with you. \$5.00 6 PM

March 5th Friday: **Cooking Class** Cooking with Herbs and spices. Recap of Class one; Learn what should be in every home as the basic pantry items & Class 2: making quick meals with your pantry items. Class 3 Have dinner on us and learn to make meals that are affordable and in under 30 minutes. 5PM

March 11th :Thursday: **Meditation Class:** Join us to learn how to DE-stress, and take control in your life. 5 PM \$5.00

March 11th: Thursday :**Psychic Shielding Class:****This technique will** aid you in protecting oneself from the energies of others and helps you remain calm during trying times. 6 PM \$5.00 Do both classes and pay only \$8.00

March 12th:Friday **Kindred Spirits: A "New Pagans Night Out"**; Join us for coffee, tea or other refreshments and speak with other kindred spirits of all religions and paths, on topics and word games to open the gap between us. 6 to 8 PM This has been so fun and a great way to meet others. Free

March 13th :**Wilson Pagan Meeting:** noon March Hair and Mad Hatters Party (every second Saturday) (Magic class after meeting)

March 16th : Tuesday: Mystic Design will be here noon to 5 Pm for **Henna Art**. Call to reserve your time or just stop in. All of her Henna Art designs are all natural and priced reasonably within everyone's budget. She also treats hair.

March 18th: Thursday: **Runes Class** Join Sola and learn how Runes can help in your life, there are many ways to use them; join us to learn how helpful they can be. 6PM \$5.00

March 19th : Friday: **A Journey into Shamanism** With Jane Webster A three Part Series on Spiritual Shamanism.

Shamanic Journeying Workshop with Jane Webster of SpiritualDirectionsNC.com

**Learn how to tap into your inner resources, to find strength, wisdom, and comfort.
No experience is necessary. Those with experience will extend their practice.**

Friday, March 19: Introduction to Shamanic Journeying

Friday, April 16: Meeting your Power Animals

Friday, May 7th : Meeting your Spirit Guides

5:30-7:00 pm.

Cost: \$25 per class or \$50 for 3 Classes when paid in advance

Call 252-237-3800 to register

Call 252-292-0818 with inquiries

March 20th: Saturday: **Divination Day:** Some of our spiritual consultants will be on hand to aid you in your quest for knowledge in cards, tea leaves, runes, pendulums, palm reading, or psychic readings. Our Henna Artist will also be here to decorate you for that Spiritual quest. Call ahead for an appointment or stop by and enjoy. Noon to 5 PM

March 24th: Wednesday:Mystic Design will be here noon to 5 Pm for **Henna Art**. Call to reserve your time or just stop in. All of her Henna Art designs are all natural and priced reasonably within everyone's budget. She also treats hair.

March 25th: Thursday: **Movie and Game Night:** Choose a movie from our collection or join others in a good card or board game. A free way to spend an evening. 6 to 8PM Free

March 26th: Friday: **Beatnik Night:** Gather and share your poetry, prose, stories, and music with other artist and authors like yourself for Tea and a night of magic. 6 to 8 PM Free

March 27th; **Norse Discussion Group** 4 pm free(every fourth Saturday)

Saturday, March 27, 2010, at 8:30 pm. local time, I am taking part in **Earth Hour**; an event led by World Wildlife Fund in which millions of people around the world will unite by turning out their lights for one hour to make a bold statement of concern about our planet and climate change. Earth Hour started three years ago in Sydney, Australia and is now the largest event of its kind in the world. Nearly one billion people from 4,100 cities in 87 countries on seven continents participated last year and, with your help, Earth Hour 2010 can be even bigger. During Earth Hour, international landmarks including the Golden Gate Bridge, Empire State Building, Eiffel Tower and Great Pyramids have gone dark alongside the city skylines of Las Vegas, Hong Kong, Tel Aviv and more. To see it for yourself, check out this video: www.myearthhour.org/earth-hour-video. But Earth Hour isn't just for national landmarks and big cities; anyone can participate, whether it be individuals like you and me or schools, businesses, organizations, and our state and local governments. I hope you will join me for this amazing event and help send a message that the time for action on climate change is now. To sign up and start spreading the word, visit [www. EarthHour.org](http://www.EarthHour.org).

Please help me spread the word. Let's switch off our lights and send a powerful message: by working together, each of us can make a positive impact in the fight against climate change.

Next Month: Earth Festival

2nd Annual Truely Unique Earth Day Festival

Come and celebrate the 40th anniversary of Earth Day with Truely Unique.
(The official Earth Day is April 22, 2010)

What is Earth Day all about?

Well the basic Idea behind this day is to honor the planet and all living things that inhabit it.

When: Saturday, April 10, 2010
Where: Truely Unique Inc.
2006 US Hwy 301 S
Wilson, NC 27893
Time: 12:00 PM till 5:00 PM

- **Learn new ways of helping Mother Earth.**
- **Share your ideas and insights on environmental issues.**
- **Meet and shop with some of our local artisans.**
- **Enjoy free snacks and teas.**
- **Clothing Exchange Table. (Please Wash all clothing)**
- **Many other activities.**
- **Hourly drawing (Need be present to win)**

To help you get started with your garden, we will have plants available for sale from Toad Song Farms of Clayton.

We will also have Tarot Card Reader, Henna Art Artisan, Tea Leaf reader and many others.

So what are you waiting for; mark your calendar come and join us.

For all local artist and others in the community: if you would like to set up a free booth to promote your group, cause, or show your artistic wares, contact me and sign up by **March 25th**. (Guidelines will be given at that time.)

New Moon Feminine Meditation: New Moon Meditation: With Sola: Come proclaim the New Moon! The New Moon represents new beginnings and a new start, and in some calendars, a new month. Come celebrate the New Moon with us with meditation and teachings that will explore you spirituality.