

Truely Unique and Kettle Spot Ceramics
2006 US HWY 301 South Wilson NC 27893
truelyunique.com May 2026 kettlespot.com

May starts sun, garden and herbs. Stop by and see what is new with Chakra and elements. We have new elements incense and fairy incense. Also get your May Day Fairy crowns.

Our Community Events:

Call Ahead for Seats! Painting Ceramics: Kettle Spot Ceramics. Did you know we opened a paint your own pottery in our family room? \$25 flat rate lets you paint in our studio for 2.5 hours. Let your art out! **Painting Ceramics:** and paint yourself you'd like to glaze your pottery. **Make it a party for groups of 4 schedule today!**

Summer Tea Basket Special – Celebrating Black Tea, you get one pack of our candied Orange Slices, 3 ounces of our Vanilla Sugar, 2 ounces of Black tea (your choice) and a tea spoon for \$25 gift wrapped in a lovely organza bag of course!

Tarot Readings: Walk-ins on Friday. Make a Unique choice from her community chest. Standard readings \$50.00.

Every Friday: noon to 4:30 PM **Chakra Healing/Balancing with Darlene.** Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$50.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$10.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email dcandrey@hotmail.com Tuning forks, crystals and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. *A thirty minute session is \$50.00.* Reiki Sessions is by appointment only. And is \$40.00 for 30 min and \$60.00 for 1 hour.

Classes

May 2 and 3rd Fleas, Finds, and Food: Next door at Boones Consignment
Local artist and flea market Festival. See flyer for more info. Support our local artist.

Saturdays May 2nd through June 6th 2 PM to 5 PM: Living Green's Herbal Course

In this course we will teach you the basics to learn and incorporate in your life any and all herbs of your choosing. We will start with the basics and introduce you to the plants themselves, and show you many ways to work with them on a daily basis. This will be the first in a path to healthy herbal living and hopefully a lifetime of growth and happiness with herbals.

Watch on Facebook for any Friday night events!

Sign up now to **How to make incense** with Osvaldo in June. \$30.00

Beltane/May Day

May Day has been celebrated form ancient times as a spring festival all over the world.

Activities to do on May Day

Make a May Basket and fill it with flowers and give it to someone.

Make a pressed flower card.

Go into the woods and get in tuned with Mother Nature.

Sit in a pile of flowers.

Make a garland of flowers to wear in your hair.

Dress up in bright flowery clothes or wear green.

Make a Jack-in-the-bush. (A pyramid shape of greenery, crowned in flowers representing the Jack-in-the-Green, or the Greenman.)

Dance around the maypole.

Wash your face with the morning dew.

Plant a tree in the yard of your love one.

Tie bells to your shoes to protect yourself from mischief fairy folk.

Bake sweet cakes and place them in your thyme garden to invite fairy folk.

Make candied violets.

Happy May Day

May Moon Magic by Jess

May/1/2026 is the Full Moon, May/9/2026 is the last quarter, May/16/2026 is the New Moon, May/23/2026 is the first quarter and last day in May/31/2026 is a Full Moon. We will have two FULL MOON in one month

Full Moon's Historical Name: Flower Moon

Less common Name: Corn Planting / Milk Moon

Historical significance: A time of abundance in Nature, when life is in full bloom.

Today's Magical Significance: Offer thanks to the Universe for all that is good and full in your life May's Full Moon is a good time to be present, in the moment, to accept her rewards.

O' Moon, among stars, your beams I behold_
Your shimmering arms do gently enfold.
Gather me up that grace I may feel,
For all in my life shines brightly like gold.

May birthstone: Emerald

Meaning: The emerald is a sign of wisdom, growth, and patience.

Energy: This stone helps release negative energy and opens your heart to love and the power of inner strength.

Hold an emerald and say quietly or aloud: *When Eager we are to reach the next phase, seek the emerald's charm to help guide the way.*

Zodiac Sign Taurus

April /21 to May /21

The BULL: EARTH SIGN. Let Shine in the Full Moon's Glow: Reliability, patience, practicality.

Allow to Dim as the Moon's Light Sets: Stubbornness, possessiveness, uncompromising.

Associated Essential oil: Rose-softens some of those "strong as a bull" tendencies; eases stress.

Kitchen Magic with Sarah blackened mahi-mahi fish taco

It's summer (well almost)! This means it's time to break out the grill! This month's recipe is perfect for a pool party or backyard get together. Seafood lovers, unite, because this month, we're featuring a blackened mahi-mahi fish taco.

You'll Need: * 4 Mahi-Mahi Filets

* Blackening Seasoning of Your Choice (Visit Truly Unique to pick up a delicious blend)

* ½ Small Cabbage (red or green)

* ½ Red Onion

* 1 Jalapeno (omit if you don't like them)

* Salt and Pepper to Taste

* Juice of ½ Lime (more if you like the citrus)

* 1 Small Bunch Chopped Cilantro (omit if you have the soap gene)

* Drizzle of Olive Oil

* ½ Cup Mayo

* ¼ Cup Sour Cream

* 1 TBSP Chipotle Sauce or Other Hot Sauce of Your Choice

* Small Flour or Corn Tortillas

To Make: * Rinse and pat dry the thawed fish filets and rub them with the blackening seasoning – set aside

* Mix the cabbage, onion, jalapeno, salt, pepper, lime juice, cilantro (if using), and olive oil together – set aside and let rest

* In a separate bowl, mix together the mayo, sour cream, and hot sauce

* Preheat the grill to a medium-high heat

* Grill the fish for 3-4 minutes per side

* Shred in a bowl with forks

* In a tortilla shell (warmed if you'd like) add some of the fish and cabbage mixture and top with the chipotle/mayo sauce.

Garnish with a few cilantro leaves and serve with a wedge of lime.

Side note for this one – you can substitute for any fish or shrimp if you prefer

I hope you enjoy!
Supporting Businesses and Local Artist we work with.

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting businesses.

Create Your Dreams (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at chris@createyourdreams.com for more information.

Dancing Moon at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

KettleSpot .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

Toad Song Farm www.toadsongfarm.com Toadsongfarm@earthlink.net (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. veeherbtea@gmail.com they are now selling some of our teas and incense.

Can't make it to the store go to [kettlespot.com](https://www.kettlespot.com)

Our local artist in our store:
New in our store: Millicent prayer beads and jewelry

Citali Kawaykla Magical Wolves, Ron Taylor Stonemage, Knights Haven, Nyx Jewelry and Creations, Deb Flippini jewelry, Ravenfur honey and eggs, Spiritual Lift Creations incense, Millicent prayer beads and jewelry. Baba Yaga Candles.

- Wanted Authors: We are looking for people who would like to write small articles for our newsletter. If you are interested please email me at support@truelyunique.com
- Read our newsletter on truelyunique.com follow us on Facebook, Instagram and TikTok #truelyunique
- We are looking for someone who will help us with our social media accounts.