

Truely Unique and Kettlespot Ceramics
2006 US HWY 301 South Wilson NC 27893
truelyunique.com kettlespot.com
March 2026

March is the first days of Spring. We are reminded of renewable adventures in our everyday life. I often feel a charge of spirit going from cold winter to growing spring. The crocus and daffodils are already blooming in the garden budding up from the dead leaves. Get up, Get out and grow.

Ostara

Ostara represent new life, rebirth, and balance. Where the light takes over the darkness. Eggs, butterflies, flowers, moons, rabbits and snakes rule this light. The youthful and virile Gods and Goddesses are busy preparing the worlds for this time. It is a time for the sun and moon, and fire is the ruling element. Aquamarine, rose quartz, and moonstone are the stones for the season. Collect crocus, daffodil, dandelions, Irish moss and other spring flowers. Jasmine, ginger, hyssop, linden, dandelion, magnolia, lotus are wonderful scents to work with. Try them as the plant, or incense form.

Pastel colors such as blues, yellows, and pinks, all toward the light. Pick up a good book on renewing your faith, or join a study group or group to expand your sights. Freshen up your alter with springtime adornments. Burn our Ostara incense.

Natural Dyes for Eggs

(Sometimes it makes a darker egg if you boil the egg and the herb together.)

Yellow: Turmeric or Fenugreek

Red: Red Onion Skins or Cayenne

Green: Carrot Tops or Nettles

Blue Violets: Beet Juice

Orange: Paprika or Onion Skins

Violet: Grape Juice

Blue: Red Cabbage or Blueberries

a crayon allows you to write on the eggs.

Join with me as we call upon the returning tide of light, life and growth. We call forth the Gentle Rains! Bless us, O Gentle Rains! We call forth the Fertile Earth! Bless us, O Fertile Earth! We call forth the Warm Sun! Bless us, O Warm Sun! We call forth the Soft Breezes! Bless us, O Soft Breezes! Come forth, springtime powers of the four directions. Come forth, and bring bounty to the land!

March is a great month to learn about Money Magic.

Call us and make an appointment for a class. Watch Facebook or call for other classes or demonstrations.

Our Community Events:

Tuesday, March 3rd: Full Blood Moon and Total Eclipse fire circle and blessings of altar items and crystals. 5 PM social, 6 PM circle. Bring a snack to share. Tips appreciated.

Every Tuesdays and Thursdays 4 PM to 5 PM: and **Every other Saturday.** Let your art out! **Painting Ceramics:** Kettle Spot Ceramics. Come in and buy bisque piece or statue to take home and paint. Or you may come in pick your pieces and paint yourself you'd like to glaze your pottery.

Every Friday All day: Chakra Healing/Balancing with Darlene. Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$30.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$5.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email dcandrey@hotmail.com

Friday March 6, Money Magic: 6 PM. Hand on class to learn different ways to attract money. \$15.00.

Saturday: March 7, Money Magic: 2 PM. Hand on class to learn different ways to attract money. \$15.00.

Wednesday March 11, Money Magic: 1 PM. Hand on class to learn different ways to attract money. \$15.00.

Friday March 13, Money Magic: 6 PM. Hand on class to learn different ways to attract money. \$15.00.

Saturday: March 14, Money Magic: 3 PM. Hand on class to learn different ways to attract money. \$15.00.

Friday March 20, 4 to 7 PM. Stitch and Bitch Gathering. Do you need one little stitch? Do you need friends to tell you what to do with your yarn? Back from last year's event calendar it is Stitch and Bitch. Pack your needlepoint, your patches and your embroidery and come sit in our comfy family room to socialize. Free!

Saturday: March 21, Spiritual Day Out. 4 PM. Gather and join in with like-minded people and discuss all about Ostara. Weather and participation pending we may have an Ostara fire circle after closing.

Wednesday March 25, Money Magic: 2 PM. Hand on class to learn different ways to attract money. \$15.00.

Friday March 27, Money Magic: 6 PM. Hand on class to learn different ways to attract money. \$15.00.

Saturday: March 28, 1 to 4PM Game Day: Cards against Humanity. Shop Rules everyone gets 7 cards, first person to 5 black cards wins. If too many people show, we'll split into groups! Free!

Coming in April and May

Sign up now for: Living Green's Herbal Course

In this course we will teach you the basics to learn and incorporate in your life any and all herbs of your choosing. We will start with the basics and introduce you to the plants themselves, and show you many ways to work with them on a daily basis. This will be the first in a path to healthy herbal living and hopefully a lifetime of growth and happiness with herbals.

This course consists of six classes in 6 weeks. Each class takes 2 or more hours. You will be given a booklet of 135 pages. We will have 2 hands on classes where you will be making your own creations. We will supply the basic herbs and ingredients with the course, and you will be given a discount on any other herbals including jars and oils, during the course. This 10% discount will be good until you receive your herbal certificate. Upon completion of this course you will receive a discount for bulk items. (Anything over 8 ounces at a time) Course fee for all of the classes are \$130.00 made in one or two payments. (That is \$ 21.00 a class) Payments must be made by the first class.

May 1 and 2

Fleas, Finds, and Food

Next door at Boones Consignment

Local artist and flea market Festival.

Sign up now at Boones Consignment or Truly Unique for your space.

Can't make it to the store go to kettlespot.com

Our local artist in our store:

Citali Kawaykla Magical Wolves, Ron Taylor Stonemage, Highland Lather LLC soaps, Knights Haven, Nyx Jewelry and Creations, Deb Flippini jewelry, Ravenfur honey and eggs, Spiritual Lift Creations incense, Baba Yaga Candles.

- Wanted Authors: We are looking for people who would like to write small articles for our newsletter. If you are interested please email me at support@truelyunique.com
- Read our newsletter on truelyunique.com follow us on Facebook, Instagram and TikTok #truelyunique
- We are looking for someone who will help us with our social media accounts.

Moon Magic by Jess **March is the month for Aquamarine**

March-3-26 Full MOON and a (Blood Eclipse), March-11-26 3th quarter, March-19-26 New Moon, March-25 1th quarter, **Full Blood Moon and total lunar eclipse. (Only full one this year) For North Carolina: this will start at 344 AM to 7 AM March 3rd.**

Aquamarine

Meaning: Drinking the water in which this stone has been soaked was believed to cure heart, liver, and stomach ailments.

Energy: Aquamarine helps with anger release, stress reduction, and the courage to take what life throws at you.

Hold an Aquamarine and say quietly or aloud; "When life throws a curveball, remember to breathe, and reach for the stone with its water-like sheen. Imagine you're floating above all the fray, 'till reaching still waters where safe you stay."

Zodiac Sign PISCES

February-20 to March-20

THE FISH: WATER SIGN

Let shine in the Full Moon's Glow: Dreamer, compassion, artistic, intuitive. Allow to Dim as the Moon's Light Sets: Worry, indecision, overly trusting.

Associated Essential Oil: Melissa-creative types are also emotional types and Melissa can help balance the extremes, while supporting your natural compassion and intuition.

Kitchen Magic with Sarah

Chili

Since it's still a little chilly - let's make some chili! This month, we have black and white bean chili to share.

You'll need: One can of black beans - drained and rinsed

One can of white beans (navy or cannellini work) - drained and rinsed

Two cans of diced tomatoes

One can of tomato sauce

Two cans of hatch green chilies

One can of corn, drained (if you don't like corn in your chili, leave it out)

One small onion, diced

One small bell pepper, diced

A couple tablespoons of olive oil

Lots of chili seasoning, salt, pepper, and garlic powder

To make it: In a pot on the stove or in an instant pot set to sauté, drizzle some olive oil and lightly sauté the onion and bell pepper. If you're using a slow cooker, cook the onions and bell pepper in a skillet on medium on the stove and add them to your slow cooker. If you'd like to add some salt and pepper here, add a small pinch.

Add all of the remaining ingredients to your cooking vessel and season with chili seasoning, salt, pepper, and garlic powder to taste. Cook on low on the stove, slow cooker, or set your instant pot to slow cook and cook for 4-5 hours. Taste throughout the cooking process to see if you would like more seasoning.

This is delicious served with corn bread, crusty artesian bread with butter, or your favorite crackers.

I hope you enjoy it!

Supporting Businesses and Local Artist we work with.

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting businesses.

Create Your Dreams (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at chris@createyourdreams.com for more information.

Dancing Moon at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

KettleSpot .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

Toad Song Farm www.toadsongfarm.com Toadsongfarm@earthlink.net (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. veeherbtea@gmail.com they are now selling some of our teas and incense.

Spell For The Earth

Light no candles. Burn no incense. Go to the wilds to perform this spell, a place far from the haunts of humans. If this is impossible, work this rite in your place of magic. There, have ready a potted plant or four plain stones.

Sit on the ground. Place your hand onto the dirt beneath you. Visualize the Earth from space as a blueish-white sphere of positive, whole, healed energy. Experience it as a living organism.

When you are ready, say these or similar words:

Pure are the caves and plains;

Pure are the sod and hills;

Pure are the winds and skies;

Pure are the lakes and rills;

Pure are the clouds and rains;

Pure are the woods and trees;

Pure are the valleys deep;

Pure are the bays and seas.

Renew your visualization, then begin again:

Pure are the birds that fly;

Pure are the hounds and bats;

Pure are the fish and whales;

Pure are the hares and cats;

Pure are the owls and snakes;

Pure are the stags and deer;

Pure are the lizards green;

Pure are all creatures here.

Once again, renew your visualization. Feel the Earth. Block all thoughts of the ravages that our species has subjected to our planet. See the Earth as a healed, whole being. Then say these or whatever words come to mind:

As I receive your energy, now receive mine.

Pour your personal power out through your palms and into the Earth (or the stones or plant). Gently send it spiraling down into our planet, lending it the strength to survive.

Willingly give of yourself for a few moments while visualizing that shining blue planet hanging in the sky.

After a few moments, end the ritual by lifting your hands and standing (If performing this rite indoors, place the stones or potted plant onto the ground outside to all the Earth to absorb the energy).

It is done.

