

NEWSLETTER
Truely Unique and Kettle Spot Ceramics
2006 US HWY 301 South Wilson NC 27893
truelyunique.com October 2026 kettlespot.com

Sales:

All sages, sweet grass and resins all on sale for 50% off
All culinary (cooking herbs) are 25% off

New fall hours Tuesday thru Saturday Noon to 5 PM. If there is a class at night we will be open.

Weekly:

Every Tuesday and Thursdays and some Saturdays: Painting Ceramics: *Kettle Spot Ceramics*. Did you know we opened paint your own pottery in our family room? \$25 flat rate lets you paint in our studio for 2.5 hours. Let your art out! **Painting Ceramics:** and paint yourself you'd like to glaze your pottery.

Every Wednesday Coloring day! Come in and cool off and relax. Socialize with others and just have fun. Free!

Friday Tarot Readings: Walk-ins on Friday.

Every Friday: noon to 4:30 PM **Chakra Healing/Balancing with Darlene.** Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$50.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$10.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email dcandrey@hotmail.com Tuning forks, crystals and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. *A thirty minute session is \$50.00.* Reiki Sessions is by appointment only. And is \$40.00 for 30 min and \$60.00 for 1 hour.

Every Saturday: Stitch, bitch and witch afternoons. 1 to 3 PM. Sit and socialize while crafting, crocheting, knitting, embroidery, or anything else you may be making.

Our Community Events and Classes.

If you cannot make it on the day of the class, call us to schedule another day.

October 3 Saturday 1 PM: Demonstration/class on how to sage or bless yourself and your surroundings.

October 10 Saturday: 1 PM. Demonstration/class on candle magic.

October 17 Saturday 1 PM: Demonstration/class on grounding and centering.

October 24 Saturday: 1 PM. Demonstration/class using a pendulum.

October 30 Friday: Samhain Circle. 5 PM, Social 6PM Circle; bring a snack to share. Dress in your sabbat attire.

Herb of the Month: Bay Leaves

Medicinally: Can lower blood sugars, and retarding weight gain, bay oil helps reduce acne. Complements olive oil & apple cider vinegar. "Are used to flavor soups, stews, meats & fish dishes. They are excellent used in tomato-rich recipes. Apollo chewed bay to produce prophetic dreams.

Spiritual: Protection, psychic powers, healing, purification, & strength. Burn to bring visions. Carry in your left pocket to stop people interfering in your life. Write healing wishes on the leaves and burn. Male, Sun, Fire.

Sarah's' recipe for Tortellini Soup.

The days are cooling and the night air is crisp. Spooky Season is upon us! It's my personal favorite time of the year, and I love being able to share it with the ones I love (both here and those who have passed before us). Mary, of Toad Song Farm, hosts her annual Dumb Dinner with a potluck of soup, breads, and other seasonal delights. This soup will be a guaranteed crowd-pleaser, and it's perfect for those chilly nights. It can be made either vegetarian or with regular sausage. This month, we're featuring Tortellini Soup.

You'll Need:

- * 1 Package Ground Sausage (vegetarian or not – your choice) – spicy if you're brave
- * Drizzle of Olive Oil if You're Using Vegetarian Sausage
- * 1 Medium Onion – Chopped
- * 6 Cloves (yes, I said 6) Minced Garlic
- * 1 32oz Carton of Vegetable Broth
- * 1 Can Diced Tomatoes (with the juice)
- * 1 9oz Package Frozen or Refrigerated Tortellini
- * ½ - 1 Bag Baby Spinach (full bag if you really like it)
- * Italian Seasoning, Salt, Pepper, Crushed Red Pepper – All to Taste
- * Grated Parmesan Cheese for Garnish

To Make:

- * Add your sausage to a soup pot or Dutch oven, crumble and brown
- * Add your diced onion and cook for another 2-3 minutes
- * Add garlic, Italian seasoning, salt, and pepper
- * Add tomatoes and vegetable broth, stir, and bring to a boil
- * Once boiling, add the tortellini and stir occasionally (once the tortellini floats, it's done)
- * Reduce the heat and add the spinach and red pepper flakes
- * Serve with parmesan cheese
- *Note for this recipe – if you would like it creamy, substitute one cup of vegetable broth with 1 cup of heavy cream or whole milk*

Serve with your favorite crusty bread, save a spot for your ancestors, and I hope you enjoy!

Blessed Be!

Sept Moon Magic: Hunters Moon
10/ 3 is the Last Quarter, 10/ 10 New Moon, 10/18 First Quarter, 10/26 Full Moon.

Pumpkin Pie Spice is now for sale.

A special blend of ingredients: cinnamon, allspice, nutmeg, coriander, clove, caraway and dark brown sugar. This combination is perfect for your holiday meals and desserts.

Try this spice in squash, pumpkin, sweet potatoes, cookies, breads, on hot cereal, apples, pears, creamed soups, and even toast or bagels.

Pumpkin Juice

1cup of pumpkin cooked

2 cups apple juice

2 cups water

1/2-cup sugar or brown sugar (to taste)

2 Tablespoons of pumpkin pie spice.

Blend together in blender or mixer.

(This may need to be separated to blend in different batches.)

Serve chilled.

Added recipe:

To make this creamier add 1 cup half and half to above recipe

Supporting Businesses and Local Artist we work with.

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting small business. We support each other.

Create Your Dreams (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at chris@createyourdreams.com for more information.

Dancing Moon at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

KettleSpot .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

Mystical Mysti Candles. Metaphysical wonderland is open on Fridays 1pm to 7pm & Saturdays from 12p to 7p. We are located at 1024 S. Pollock St Selma, NC 27576

Toad Song Farm www.toadsongfarm.com Toadsongfarm@earthlink.net (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. veeherbtea@gmail.com

Our local artist in our store: support our local artist.

Arrowhead Farms,

Magical Wolves,

Ron Taylor Stonemage,

Nyx Jewelry and Creations,

Spiritual Lift Creations incense,

Baba Yaga Candles.

Hazey's Hollow

Citali Kawaykla

Skin Society,

Knights Haven,

Ravenfur honey and eggs,

Millicent prayer beads and jewelry.

KNF Resins and Such

Can't make it to the store go to kettlespot.com

Samhain, Celtic New Year, Halloween, All Hallows Eve

Summers end, Time to honor and communicate with those no longer with us. Honoring the bountiful Harvest and preparing for winter.

Colors: Orange and black.

Herbs: Mugwort, sage, cinnamon, nutmeg, catnip, angelica root, valerian, frankincense, basil, yarrow and clove.

Foods: Corn, pumpkin, squash, apples, oak, gourds, pork, and nuts.

Rocks & Stones: Jasper to protect you from uninvited spirits, obsidian, and onyx.

Incense and oils: Dragons Blood, Frankincense, Fire, Diana of the forest, Patchouli, and Earth.

Shopping List: Candles, Alter Items, Herbs, Stones, Incense, Wands, Magical Spoons, Goblets, Cauldrons, Pendulums, and Besoms.

Adopt
a
creepy
doll
from

Hazey's Hollow



Beware- They
may steal your heart! 