

Truely Unique and Kettlespot Ceramics
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February 2026

We have almost of our herb and spices in. Alchemy Jewelry and Crystal Earth Jewelry is in for Valentine's Day. We have angels and cupids for that special day. Top by and see our gift baskets for gifts. Why buy chocolate and flowers that are gone in a day or so? Come buy a special gift that last always.

Remember us for your Valentine's Gift.

Imbolc: February 1st.

Deities of Imbolc: All Virgin/Maiden Goddesses, Brighid, Aradia, Athena, Inanna, Gaia, and Februa, and Gods of Love and Fertility, Aengus Og, Eros, and Februus.

Symbolism of Imbolc: Purity, Growth and Renewal, The Re-Union of the Goddess and the God, Fertility, and dispensing of the old and making way for the new. The end of winter.

Symbols of Imbolc: Brideo'gas, Besoms, White Flowers, Candle Wheels, Brighid's Crosses, Priapic Wands (acorn-tipped), and Ploughs.

Herbs and Flowers of Imbolc: Angelica, Basil, Bay Laurel, Blackberry, Cinnamon, Coltsfoot, Dandelion, Dill, Frankincense, Heather, Iris, Myrrh, Nettles, Orris Root, Rosemary, Violets, and all white or yellow flowers.

Foods of Imbolc: Pumpkin seeds, Sunflower seeds, Poppy seed Cakes, muffins, scones, and breads, all dairy products, Peppers, Onions, Garlic, Raisins, Honey Cakes, Spiced Wines and Herbal Teas.

Incense and oils of Imbolc: Basil, Bay, Wisteria, Cinnamon, Violet, Vanilla, Frankincense, and Myrrh.

Colors of Imbolc: White, Pink, Red, Yellow, Lt. Green, Brown.

Stones of Imbolc: Amethyst, Bloodstone, Garnet, Ruby, Onyx, and Turquoise.

Activities of Imbolc: Candle Lighting, Stone Gatherings, Snow Hiking and Searching for Signs of Spring, Making of Brideo'gas and Bride's Beds, Making Priapic Wands, Decorating Ploughs, Feasting, and Bon Fires maybe lit and planning your garden. Baking cakes and breads, decorating your altar.

Spell work appropriate for Imbolc: Spells for beginnings, Rejuvenation spells, Purification spells, and Spells for good luck for future endeavors. Candle Spells.

February is a great month to learn about home and personal saging and blessings.

Call us and make an appointment for a class. Watch facebook or call for other classes or demonstrations.

Kay wants to do a love spell class before Valentine's Day: Call to set up a class.

Our local artist in our store:

Citali Kawaykla Magical Wolves, Ron Taylor Stonemage, Hexaquin stickers, Highland Lather LLC soaps, Knights Haven, Nyx Jewelry and Creations, Deb Flippini jewelry, Ravenfur honey and eggs, Spiritual Lift Creations incense, Baba Yaga Candles.

- **Wanted Authors:** We are looking for people who would like to write small articles for our newsletter. If you are interested please email me at support@truelyunique.com
- Read our newsletter on truelyunique.com follow us on Facebook, Instagram and TikTok #truelyunique
- We are looking for someone who will help us with our social media accounts.

Colored Flames by Kay

Mixing herbs and burning them in fires for ceremonies is like a sacrifice for the gods and goddesses. Adding any one of the following with the herbs will enhance any fire and make people say "oohh!"

Always be careful around fires and do not use too many chemicals. Use in small amounts so you do not make anyone sick. Always test a night before to make sure it works

- Blue Flames – Copper, or Chloride sulfate, Copper Chlorides, Nails and brass piping.
- Red – Lithium, strontium, Lithium is dangerous but in batteries, but Strontium is found in toothpaste.
- Orange- Calcium Chloride, bleach powder, Sea Shells
- Green – Barium, Sulfate, Nitrate, boric acid
- Spark Plug Wire, rat poison, Antiseptic and some insecticides.
- Yellow Orange- Baking Soda
- Purple- Potash, Potassium oxide, in fertilizers, lye, salts of tartar and salt peter
- Yellow Green- Borax, Lithium Chloride. Borax is safe, Lithium Chloride isn't
- Yellow-Salt

Lunar New Year of the Fire Horse Feb 17, 2026.

Horse born in 2026, 2014, 2002, 1990, 1978, 1954, 1942.

You are confident, agreeable yet stubborn at times, responsible. This year the horse will give you extreme highs and lows. Be wary of getting caught up in it. Stay strong and steady. This year is a good time to grow and transform. Watch your drama and emotional surroundings; they may come from you. Practice meditation, calm, and restraint, do not let others hold you down.

**New moon to full moon. Full Blood Moon and total lunar eclipse. (only full one this year)
For North Carolina: this will start at 3:44 AM to 7 AM March 3rd.**

Lucky for horses: 2 and 7, red, pink, and purple, Iris Jasmine and the southeast.

Unlucky for horses: 1 and 6, black, blue, and northwest.

Be adventurous this year.

Moon Magic: By Jess

February is the month for Amethyst

Feb-1-26 Full Moon, Feb-9-26 Third Quarter, Feb-17-26 Solar eclipse and New Moon, Feb-24-26 First Quarter.

Meaning: At one time, only available to royalty, this stone is thought to build relationships. It is also said to guard against intoxication (maybe a good choice for the moon dance party)

Energy: Amethyst has a strong healing /calming Vibration, boosts inner strength, and offers spiritual protection.

Holding an amethyst and say quietly or aloud: I cast out worry and doubt, no matter the source, with an amethyst worn, please close to one's heart. One glance and you'll know this color's true charms lie in taming the demons and healing the mind.

Aquarius

THE WATER BEARER: AIR SIGN: Let Shine in the Full Moon's Glow: Generosity, humanity, tolerance, perceptiveness

Allow to dim as the Moon's Light Sets: Temperamental, inability to compromise, aloof

Associated Essential Oil: Neroli-despite your natural humanity, you sometimes feel alone, leading to stress and depression; Neroli's intense fragrance helps promote sleep and eases stress, putting you back in the swim again.

Our Community Events:

Every Tuesdays and Thursdays 4 PM to 5 PM: Let your art out! **Painting Ceramics:** Kettle Spot Ceramics. Come in and buy bisque piece or statue to take home and paint. Or you may come in pick your pieces and paint yourself you'd like to glaze your pottery.

Every Friday All day: Chakra Healing/Balancing with Darlene. Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$30.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$5.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email dcandrey@hotmail.com

Saturday Feb 21 1 to 5 PM: Stitch and Bitch Gathering. Do you need one little stitch? Do you need friends to tell you what to do with your yarn? Back from last year's event calendar it is Stitch and Bitch. Pack your needlepoint, your patches and your embroidery and come sit in our comfy family room to socialize. Free!

Saturday Feb. 28, 1 to 4PM Game Day: Cards against Humanity. Shop Rules everyone gets 7 cards, first person to 5 black cards wins. If too many people show, we'll split into groups! Free!

Kitchen Magic with Sarah

February means Valentine's Day! And who doesn't love chocolate? Here is a quick and easy fudgy brownie recipe to top off any delicious meal!

You'll need:

½ Cup (1 Stick) unsalted butter – melted and hot	1 TBSP Vegetable oil
1 1/8 Cup Sugar	2 Eggs
2 TSP Vanilla	½ Cup Flour
½ Cup Cocoa Powder	Pinch of salt

To Make: Preheat the oven to 350 and grease an 8 x 8 pan
Add the melted butter, oil, and sugar to a medium bowl and mix well
In a separate bowl, whisk together the flour, cocoa powder, and salt
Add the flour mixture to the sugar mixture and combine
Pour into the prepared pan and bake for about 25-30 minutes (just bake the "jiggles" out)
Let cool in the pan on a wire rack for about 45 minutes before serving
It's great with vanilla ice cream or even some strawberry jam!

I hope you enjoy it!

Supporting Businesses and Local Artist we work with.

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting businesses.

Create Your Dreams (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at chris@createyourdreams.com for more information.

Dancing Moon at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

KettleSpot .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we

will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

Toad Song Farm www.toadsongfarm.com Toadsongfarm@earthlink.net (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. veeherbtea@gmail.com they are now selling some of our teas and incense.

