

NEWSLETTER
Truely Unique and Kettle Spot Ceramics
2006 US HWY 301 South Wilson NC 27893
truelyunique.com June 2026 kettlespot.com

June is divination month. Stop by for sales, classes, and questions and answers. Ceramics are a great art for kids out of school. Stop by and see what new items we have for you. New incense fragrances created and in store. We will be open Saturday July 4th.

Sales:

Crystal Balls and Pendulums are 25% off
Tarot and 2nd hand books are 10% off
All stones polished and raw are 25% off

Our Community Events:

Call Ahead for Seats! Painting Ceramics: Kettle Spot Ceramics. Did you know we opened a paint your own pottery in our family room? \$25 flat rate lets you paint in our studio for 2.5 hours. Let your art out! **Painting Ceramics:** and paint yourself you'd like to glaze your pottery. **Make it a party for groups of 4 schedule today!**

Hwy 301 Yard Sale: June 19th and 20th. We have 10 vendors so far for this. 8 AM to 5 PM. We still have room if you have items to sell. And stop by to find your treasures. Raffle drawing inside for a gift basket for stopping by.

Tarot Readings: Walk-ins on Friday. Make a Unique choice from her community chest. Standard readings \$50.00.

Every Friday: noon to 4:30 PM **Chakra Healing/Balancing with Darlene.** Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$50.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$10.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email dcandrey@hotmail.com Tuning forks, crystals and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. *A thirty minute session is \$50.00.* Reiki Sessions is by appointment only. And is \$40.00 for 30 min and \$60.00 for 1 hour.

Classes

June 5th. 5:30PM: **Hands on Pendulum Class with Billy.** \$30.00. Learn the many ways you can use the pendulum. Bring your own pendulum or we can provide one for you.

June 12th. 5:30 PM: **Game Night,** Join others and play board or card games with others. Free event. Bring goodies to share or tip the jar for our goodies.

June 13th. 2 PM: **Making a Magic Box with Jess.** \$30.00. Hands on and learn how a magic box can be used for many things. All materials are supplied.

June 17th 1 PM Wednesday: **Hands on Pendulum Class with Billy.** \$30.00. Learn the many ways you can use the pendulum. Bring your own pendulum or we can provide one for you.

June 20th. 1 PM: **How to make incense with Osvaldo.** \$30.00 Hand on training on how to make different types of incense. Must sign up and pay in advance. Class at 104 N Pender St Elm City.

June 26th. 5:30 PM. **Spiritual Night Out:** Come out and meet others with like interest. This month we will discuss crystals skulls, fact or fiction? Bring your ideas and share. Free event.

June 27th. 2 PM: **Spell work with Kay: \$30.00:** Learn advance spell work and how to write a spell.

New to Newsletter:

“Was it her crystal or his pain?” A short story for lovers!

She always carried it, not knowing what it meant. Just a gift for an early birthday, from her late grandfather actually. Maybe it cleared her energy, made whatever was standing stronger, or was it erasing everything that ever meant anything to her at all?

His name was Decklyn Lucas, and the way he stood so strongly that next day on the job put my whole life into perspective. My body was drawing closer to a man I didn't even know, and I had to know if he felt it too. "Hi Emily!" The look in his eyes proved that he already knew me, but why did he seem to think that I hurt him? He walked away so quickly all I could think about was who was training him, and when would I see him again. Suddenly my heart felt soft, so soft that it felt weakened to the vision of him walking away. I felt so desperate to see his face again, eyes blurring, even though I knew he was going to be around for a long time. I gripped the crystal inside the back of my pocket, said a prayer through my breath, and sat down at my desk.

I wonder if she even remembered, I was going crazy trying to find her again, but I didn't want her to know any of what I truly felt. Why did I want to cry when I laid eyes on her? Parts of my body pulsing to the new sounds of the workplace, desperate I was for her to teach me the ways of this land, yet I pulled away and only wanted to fight her. How do you want to be so close to someone, but the force so strong sending you in the opposite direction keeps your heart so dark that it hurts to even think? *By: **Keturah Gardner***

Let the crystals drain!

We oftentimes only want the positive side of wearing the crystal around our neck to ward off negativity at work, also sleeping beside the handmade candle and quartz for what we want to always be, peaceful rest.

I'm new to experimenting with the science side of all things witchy, and earthy; however, I would imagine that we don't always understand even when we think we do. Just what the purpose of keeping a good crystal or two around is or should be at least.

I don't agree with throwing crystals away, trading them, soaking, or sun charging them any differently all because the last sapphire made your chest hurt, and eyes so sensitive that what you saw in the mirror was too negative to continue to look. If every crystal experience was only positive, we would never grow, we would never notice the ugly parts about our body that we can absolutely change, and that chest pain is sometimes a marker to get us to lay down and simply breathe through the first heartbreak; that led many of you to the current unhappy marriage in the first place.

So next time the reflection of the sun reminds you of the crystal you left outside with the cats for two weeks, don't run away when it's too strong for your mind to cope. Let it out through your tears, and when you cry so hard you almost forget to breathe, smile knowing that you just healed from something you didn't even know was hurting you all the years past.

Blessings and healing, ***Keturah Gardner***

Let me know what you think of our new author? Write me at support@truelyunique.com.

Baby Spinach and Edamame Salad with Parmesan Shavings by Kay

Delicious and a nutritional powerhouse:

Frozen edamame are now available shelled and ready to boil up and toss into salads, soups and stir-fries. They are an excellent way to add protein, calcium, and vitamins to your diet.

Ingredients: 1 cup frozen shelled edamame (about 4 oz)

4 cups (about 4 oz) baby spinach leaves, washed

2 Tbsp Citrus type Dressing or other favorite dressing

½ cup coarsely grated Parmesan cheese

Instructions: Bring a medium pot of water to boil over high heat. Add edamame and cook 4 minutes. Drain; rinse with cold water to stop cooking. Pat dry. In medium serving bowl, toss spinach with edamame and dressing. Sprinkle each serving with grated cheese.

**We will be open Saturday July 4th.
Special Sales**

June Moon Magic by Jess

June-8-26 Last Quarter, June-14-26 New Moon, June-21-26 First Quarter, June-29-26 Full Moon

June Full Moon's Historical Name: Strawberry Moon **Less Common Name:** Rose Moon

Historical Significance: In North America, the strawberry harvest typically occurs. In earlier days, it was the time to harvest wild strawberries.

Today's Magical Significance: When June's Full Moon is above, set an intention to savor life's Flavorful moments to their fullest-no matter how humble or grand. Full Moon; fill me with strength where I fail, joy where I succeed, and courage to continue the Fight.

June is the Pearl

Meaning: The pearl is a traditional symbol of purity and inner wisdom.

Energy: While not a true crystal, pearl can be worn to magnify loyalty, truth, and sincerity.

Hold a pearl and say quietly or aloud: the shimmering glow of a pearl in your hand. The softness, the roundness-perfection-remind you of love at its height. For love of one's self and truth to your heart are seen in this gift from the sea.

Zodiac Sign Gemini May-22 to June-21

The Twins: Air Sign

Let Shine in the Full Moon's Glow:

Friendliness, gentleness, charm, curiosity

Allow to Dim as the Moon's Light Sets. Nervousness, inconsistency, indecision

Associated Essential oil: Basil-supports your dual nature by stimulating the mind,

Encouraging your natural curiosity, and counterbalancing any indecisiveness.

Herb of the Month: St John's Wort

Medicinal: Anti-inflammatory, astringent, nervine, sedative, aids with stomach, blood, liver, & nerves. A good blood purifier, excellent to topical wounds & boils. Relieves stress and anxiety. May be used as a mild depressant. Prolonged use may lead to photosensitivity.

Not with anti-depressants, HIV medicine

Spiritual: Health, protection, strength, love, divination, & happiness. When placed by the window, this herb will protect you from thunderbolts, fire & evil spirits. Make a protective amulet from the flowers. Flowers a few days after midsummer. Male, Sun, Fire.

Litha/Summer Solstice / Alban Heruin/Midsummer June 19, 20

Deities: Fairies, Holly King takes over for his reign from the Oak King. Amateratsu, Aten, Apollo, Hestia, Horus, Huitzilopochtli, Juno, Lugh, Sulis Minerva, and Sunna/Sol. Greenman.

Symbolism: Drums, relaxing, fireflies, oak leaf, fruits, sun, and jack in the green.

Herbs and Flowers: Mugwort, St John's Wort, Chamomile, sunflower, roses, mints, lavender, yarrow, thyme, rosemary, and fennel.

Foods: Garden fresh vegetables, fruits, and early grains.

Incense and oils: Heather, lavender, lemon, rose, oak, and wisteria.

Colors: Yellow, gold, green, brown, and red.

Stones: Jade, malachite, emerald, crystals, bloodstone, green quartz, and citrine.

Activities: Spell work: women spells, strength, energy, clear sight, banish the grey areas. Recite poetry, do a re-affirmation of your path. Evening picnics, walks in the forest. Don't forget to feed the fairy folk.

Spell work: Healings, love, wedding, energy and protection.

Fireflies in the garden; Robert Frost 1874-1963

Here come real stars to fill the upper skies, And here on earth come emulating flies,
That though they never equal stars in size, (And they were never really stars at heart)
Achieve at times a very star-like start. Only, of course, they can't sustain the part.

This month we have bug off spray and Hair rejuvenator cream. New herbal coffees and new herbs are in.

Supporting Businesses and Local Artist we work with.

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting small business. We support each other.

Create Your Dreams (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at chris@createyourdreams.com for more information.

Dancing Moon at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

KettleSpot .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

Mystical Mysti Candles. Metaphysical wonderland is open on Fridays 1pm to 7pm & Saturdays from 12p to 7p. We are located at 1024 S. Pollock St Selma, NC 27576

Toad Song Farm www.toadsongfarm.com Toadsongfarm@earthlink.net (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. veeherbtea@gmail.com

Can't make it to the store go to kettlespot.com

Our local artist in our store: support our local artist.

Arrowhead Farms,

Magical Wolves,

Ron Taylor Stonemage,

Nyx Jewelry and Creations,

Spiritual Lift Creations incense,

Baba Yaga Candles.

Citali Kawaykla

Skin Society,

Knights Haven,

Ravenfur honey and eggs,

Millicent prayer beads and jewelry.

- **Wanted Authors:** We are looking for people who would like to write small articles for our newsletter. If you are interested please email me at support@truelyunique.com
- Read our newsletter on truelyunique.com follow us on Facebook, Instagram and TikTok #truelyunique
- We are looking for someone who will help us with our social media accounts.

Create a pouch for psychic dreams (mugwort and bay leaves in a cloth of lavender, blue, or yellow and sewn with red thread) and place under your pillow.

Make a rue protection pouch out of white cotton. Add two or three sprigs of rue, bits of whole grain wheat bread, a pinch of salt, and two star anise seeds and hang indoors

You can burn the old Yule wreath in the Litha fire.

Tie vervain, rosemary, and hyssop with white thread and dip the tips into a bowl of spring water (you can buy bottled spring water in grocery stores) and sprinkle the water about the house to chase out negativity, or sprinkle your tools to cleanse and purify.

Gather herbs like St. John's Wort, vervain, and yarrow.

Soak thyme in olive oil, then lightly anoint your eyelids to see faery folk at night.

Tie a bunch of fennel with red ribbons and hang over the door for long life and protection of the home.

Look for the faery folk under an elder tree, but don't eat their food or you'll have to remain with them for seven years!

Study hex signs and paint one, adding its empowerment in your ritual

Blue eight candle holders to a wheel and use it as a centerpiece. Empower each candle for special wishes or overall happiness

Midsummer is a solar holiday that recognizes the passage of Gemini, a mutable air sign, into Cancer, a cardinal water sign. It is the one solar holiday that strives to meld the outside world where you function to the workings inside your family environment

More Magic! Midsummer





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BREAKING NEWS

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301 Yardsale

JUNE 19-20, 2026



WHAT YOU'LL FIND:

- Furniture: Couches, tables, chairs, and more!
- Electronics: TVs, laptops, and gaming consoles.
- Clothing: Gently used and in great condition for all ages.
- Toys & Games: Perfect for kids and collectors.
- Home Goods: Kitchenware, decor, and more.
- Books & Media: A wide selection of novels, DVDs, and vinyl records for all tastes.

WHY YOU SHOULD COME:

- Great Prices: Everything must go!
- Quality Items: Many like-new pieces available.
- Friendly Atmosphere!

CALL JESS252-237-3800
TO REGISTER

EXTRAS:

- Free Refreshments. For shoppers!
- Early Birds Welcome. Starting at 7:30 AM.
- Raffle Draw. Enter for a chance to win a gift basket filled with goodies!

**REGISTRATION STARTS
8:00am to 5:00pm
at Truly Unique
2006 US Hwy 301 S
Wilson N.C. 27893**

*CASH AND DIGITAL
PAYMENTS ARE ACCEPTED.
PLENTY OF PARKING
AVAILABLE.*

BRING YOUR FRIENDS AND FAMILY FOR A FUN DAY OF SHOPPING!