

## NEWSLETTER

Truely Unique and Kettle Spot Ceramics  
2006 US HWY 301 South Wilson NC 27893  
truelyunique.com July 2026 kettlespot.com

**July is Magic Month! Stop by and get out of the heat for some great classes and events.  
With every purchase over \$20.00 you will get a free BOS paper or coloring page.**

**We will be open Saturday July 4<sup>th</sup>.**

**Special Sales for Friday and Saturday:**

**All Statues 25% off**

**All spiritual oils are 50% off**

**Sales:**

**Magic fans with instructions and guide. 20% off**

**Bone and resin athames 20% off**

**Magic Wands 20% off**

**Altar clothes 20% off**

**We have bug off spray and incense for your outdoor events.**

**Our Community Events and Classes.**

**If you cannot make it on the day of the class, call us to schedule another day.**

Friday July 3: **Why does Candle Magic Work? With Sam. 6PM \$30.00:** Learn the in and out of candle magic and learns new way.

Saturday July 4: **Making an Awesome Altar. 2PM \$30.00:** Facts, fictions and history.

Wednesday July 8: **Spell work with Kay: 2 PM \$30.00:** Learn advance spell work and how to write a spell.

Friday July 10: **Hands on Pendulum Class with Billy 6PM \$30.00.** Learn the many ways you can use the pendulum. Bring your own pendulum or we can provide one for you.

Saturday July 11: **Making a BOS with Billy 2PM \$30.00** Learn to make a BOS that works for you. Learn facts and history.

Wednesday July 15: **Making a Manifest Magic Box with Jess. 2 PM \$30.00.** Hands on and learn how a magic box can be used for many things. All materials are supplied.

Friday July 17: **Spiritual Night Out: 5 to 7 PM. Free event.** Come out and meet others with like interest. This month we will discuss Altars. Bring your ideas and share.

Saturday July 18: **Making a Magic Box with Jess. 3 PM \$30.00.** Hands on and learn how a magic box can be used for many things. All materials are supplied.

Wednesday July 22: **Making an Awesome Altar with Billy. 2PM \$30.00** Facts, fictions and history.

Friday July 24: **Magically Working with Mirrors with Billy. 6PM \$30.00.** How to make them; use them, and the history.

Saturday July 25: **Fairy Magic with Jess. 3 PM \$30.00.** Learn all about fairies and their magic.

Wednesday July 29: **Why does Candle Magic Work with Sam. 2 PM \$30.00:** Learn the in and out of candle magic and learns new way.

Friday July 31: **Learn to meditate with Kay and a Full Moon Meditation after class. 6 PM** Class is \$30.00, **7 PM** full moon meditation is free.

Saturday August 1 **Game Day, 12PM to 4 PM.** Join others and play board or card games with others. Bring goodies to share or tip the jar for our goodies.

### Weekly:

**Every Tuesday and Thursdays and some Saturdays: Painting Ceramics: Kettle Spot Ceramics.** Did you know we opened a paint your own pottery in our family room? \$25 flat rate lets you paint in our studio for 2.5 hours. Let your art out! **Painting Ceramics:** and paint yourself you'd like to glaze your pottery. **Make it a party for groups of 4 schedule today!**

**Every Wednesday Coloring day!** Come in and cool off and relax. Socialize with others and just have fun. Free event.

**Tarot Readings:** Walk-ins on Friday. Make a Unique choice from her community chest. Standard readings \$50.00.

**Every Friday:** noon to 4:30 PM **Chakra Healing/Balancing with Darlene.** Come in and refresh yourself. Balancing with tuning forks, crystals, and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. A thirty-minute session is \$50.00. Also available is a chakra oracle reading session that can focus on a specific chakra. Approximately 10 minutes for \$10.00 per Oracle card. Darlene is a Reiki master/teacher with a chakra certification and 30 years of experience in healing energy. Email [dcandrey@hotmail.com](mailto:dcandrey@hotmail.com) Tuning forks, crystals and/or Reiki energy are used to help clear and balance the energy of the 7 main chakras. *A thirty minute session is \$50.00.* Reiki Sessions is by appointment only. And is \$40.00 for 30 min and \$60.00 for 1 hour.

### Herb of the Month: Burdock Root:

**Medicinal:** Diuretic, blood purifier, cleanses kidneys and liver, good for skin problems. (Eczema) Reduces swelling and deposits in the joints.

**Spiritual:** Wards off negative energies and a healer. Used to clean and purify your rooms. Female, Venus, Water.

## July Moon Magic by Jess

**July-7-2026** is the First Quarter, **July-14-2026** is the New Moon, **July-21-2026** is the Last Quarter, **July-29-2026** is the Full Moon.

**Full Moon's Historical Name:** Buck Moon **Less Common Name:** Thunder Moon

**Historical Significance:** Male deer, whose antlers shed earlier in the year; have now regrown them.

**Today's Magical Significance:** Drawing on the alternative name, Thunder Moon pay attention to possible energy shifts-often in opposing direction. Stay focused, but be open to change and new information. Clarity may be insightful at this time. Mystic Moon; whose guiding presence has shown throughout the ages, By foot or by sea or imagined it be, each journey is unlike another; Instill in me the clarity to walk my path uncluttered.

### July is the Ruby

**Meaning:** Ruby's red color symbolizes love and passion.

**Energy:** This stone's glorious color promotes energy, sensuality, and vitality.

Hold a ruby and say quietly or aloud: When passionate love fills the air; ruby's red color ignites. As wearer-beware-for others may stare as your energy dazzles the night.

### July Zodiac

The Lion: Fire Sign

Leo: July-23- August-22

Let Shine in the Full Moon's Glow Pride, Creativity, warm-heartedness

Allow to Dim as the Moon's Light Sets: Arrogance, stubbornness, inflexibility.

**Associated Essential oils:** Jasmine-Leo's natural pride-and stubbornness -may lead to feelings of exhaustion and depression, which jasmine's exotic fragrance can lift.

## Sarah's' recipe for July: Pasta Alla Norma

It's July, and summer is in full swing! I hope everyone's gardens and cupboards are full of seasonal delights because for July, we're going to be using summer veggies to make a delicious pasta salad that can be used as a side dish to any summer meal or as a meal all on its own. I believe I've shared this one before, but it's so good, I wanted to bring it back.

We're making Pasta Alla Norma.

### You'll Need:

- \* 1 Medium Eggplant or 2 Small Eggplants – Cut Into 1 Inch Cubes
- \* Salt to Sprinkle Over Eggplant Chunks
- \* 1 Lb Pasta (Penne is my favorite for this)
- \* 1/3 Cup Olive Oil
- \* 2 Cups Cherry or Other Small Tomato
- \* 2 TBSP Capers
- \* 1 Clove Chopped Garlic
- \* 1 TBSP Red Wine Vinegar
- \* 8 Oz Mini Mozzarella Balls
- \* ¼ Cup Fresh Basil

**To Make:** \* Cut the eggplant into cubes, sprinkle with a generous amount of salt, and let sit to draw out the water. Bring a pot of water to boil and cook the pasta according to package instructions. Once the pasta is done cooking, rinse your eggplant and pat dry. Heat the olive oil in a large pan on medium-high and add the eggplant – cook until very tender and golden. Add the tomatoes, capers, and garlic and cook until the tomatoes start to burst (only about 3 – 5 minutes) Transfer to a large bowl. Add the pasta to the eggplant mixture and stir in the red wine vinegar. Stir in the mozzarella cheese and basil. You can serve this while it's still a little warm or chill it in the fridge. It will last about 3-4 days in the refrigerator.

I hope you enjoy!

## Lughnasadh or Lammas

First of the three Harvests honoring all of the Sun Gods. Bring Forth the First Fruits and Celebrate.

**Colors:** Red, gold, yellow, green, orange, brown and black.

**Herbs:** Ginseng, Eucalyptus, Alfalfa, Frankincense, Hops, Rosemary, Sage, Calendula, & Fenugreek.

**Foods:** Corn, Wheat, Rye, Rice, Barley, and other grains. Blackberries, honey butter, tomatoes, cucumbers, and all other first Harvest foods.

**Rocks & Stones:** Moss Agate, Citrine, Tourmaline, Amber, Green Jasper, Bloodstone, Topaz, and Malachite.

**Incense:** Sandalwood, Greenman, Frankincense, Fire, and Earth.

Make Grain Wreaths, Corn Dollies, Corn Cakes and Sunny Colored Cookies, Drink Ale and Blackberry Wine. Try you best in Games of Skills, and Count your Blessings while passing the loaf of bread and the goblet of wine. Blessed Be

### Harvest Blessing!

Break Bread with the Lord and Lady:

Drink from the vines of Demeter and Baccus.

Enjoys the moments with our elements during this season and embrace them.

Thank all for the season plenty.

Remember your bonds, commitments, and your loyalties to whom you honor.

We are a community, a family and we are committed to each other.

Share daily with all. Blessings this Day.

KIs Living Green Lammas 2026

### **Supporting Businesses and Local Artist we work with.**

Many carry our products: Supporting and visiting them supports us. Want to be added to our collective list? We are looking for other stores to carry our handmade incense and teas. Stop and shop supporting small business. We support each other.

**Create Your Dreams** (<https://createyourdreams.com/>) Shares our news with all. Shamanic Training/Medicine Wheel Program (Certification Program) at [chris@createyourdreams.com](mailto:chris@createyourdreams.com) for more information.

**Dancing Moon** at 1840 Wake Forest Rd Raleigh, NC, <https://www.dancingmoonraleigh.com/> they carry our incense and teas.

**KettleSpot** .com is now selling our creative tea and incense online. Go to the site and see all of the new items they have. <https://www.kettlespot.com/> providing home goods, kitchenware and goodies with less plastic! Bring us the ashes, and we will seal your loved one inside with the color of your choosing. Sample Urns available for viewing in the shop. I also do Tarot readings at the store.

**Mystical Mysti Candles.** Metaphysical wonderland is open on Fridays 1pm to 7pm & Saturdays from 12p to 7p. We are located at 1024 S. Pollock St Selma, NC 27576

**Toad Song Farm** [www.toadsonfarm.com](http://www.toadsonfarm.com) [Toadsonfarm@earthlink.net](mailto:Toadsonfarm@earthlink.net) (919) 815-6090.

VEE HERB TEA at Tar River Flea Market. 1820 S Wesleyan Blvd, Rocky Mount. [veeherbtea@gmail.com](mailto:veeherbtea@gmail.com)

**Can't make it to the store go to [kettlespot.com](http://kettlespot.com)**

**Our local artist in our store: support our local artist.**

Arrowhead Farms,

Magical Wolves,

Ron Taylor Stonemage,

Nyx Jewelry and Creations,

Spiritual Lift Creations incense,

Baba Yaga Candles.

Citali Kawaykla

Skin Society,

Knights Haven,

Ravenfur honey and eggs,

Millicent prayer beads and jewelry.

KNF Resins and Such

- Wanted Authors: We are looking for people who would like to write small articles for our newsletter. If you are interested please email me at [support@truelyunique.com](mailto:support@truelyunique.com)
- Read our newsletter on [truelyunique.com](http://truelyunique.com) follow us on Facebook, Instagram and TikTok #truelyunique

**Truely Unique Coupon**

***Bring a friend to an event or class and get  
\$5.00 off on the class or a free gift.***

***For you both. Expires August 1, 2026***



